

Methialyn[®]

Unique vitamin B-complex with active vitamins and cofactors. Resistance against stress¹ and fatigue².

USE: 2 tablets/day

PACKAGING: 60 blistered tablets/box



PRODUCT DESCRIPTION

Methialyn is a B complex with active B vitamins and enriched with cofactors and glutathione. Helps maintain the resistance against stress¹ and fatigue² for the support of a normal neural and cerebral health³ and all types of metabolism processes such as the energy-delivering metabolism³ and the homocysteine metabolism⁴.

- 1 Vitamin B9 (folic acid) contributes to normal psychological functions such as concentration, learning capacity and **stress resistance**;
 - 2 In addition, vitamins B2, B6, B9 (folic acid) and B12 help to **reduce fatigue and tiredness**;
 - 3 Vitamins B2, B6 and B12 and biotin contribute to the **normal activity of the nervous system** and the energy-supplying metabolism;
 - 4 Choline and vitamins B6, B9 (folic acid) and B12 support the **normal metabolism of homocysteine**;
- ✓ To conclude, vitamins B9 (folic acid) and B12 also support the **normal course of the cell division processes**.

FORMULA (per daily dose of 2 tablets)



Active ingredients:

Vitamin B1	4.20 mg	Betaine HCl	100 mg
Vitamin B2 (active form, riboflavin-5'-phosphate)	4.80 mg	S-adenosyl methionine (SAME)	100 mg
Vitamin B3	40 mg	Inositol	40 mg
Vitamin B5	12 mg	L-choline bitartrate	25.80 mg
Vitamin B6 (active form, pyridoxal 5'-phosphate)	6 mg	PABA	20 mg
Vitamin B8 (biotin)	100 µg	L-Glutathione	40.82 mg
Vitamin B9 (active folic acid/folate, 5-MTHF)	400 µg	L-cysteine HCl	26 mg
Vitamin B12 (active form, methylcobalamin)	3 µg	Vaccinium myrtillus (blueberry)	20 mg (= 2 mg anthocyanins)
Vitamin E (D-alpha tocopheryl acetate)	30 mg		

Inactive ingredients:

Filler: Cellulose. Anticaking agent: Brassica rapa L. (rape seed oil), Stearic acid. Coating (Emulsifier: Hypromellose. Colouring agents: Apple, Berries, Calcium carbonate, Lemon, Carthamus tinctorius (safflower), Radish and Spirulina maxima (spiruline). Glazing agent: Triglyceride (coconut oil).

% of daily reference intake per daily intake of 2 tablets: Vit. B1 (4.20 mg) 381,80%, Vit. B2 (4.80 mg) 342,80%, Vit. B3 (40 mg) 250%, Vit. B5 (12 mg) 200%, Vit. B6 (6 mg) 428,50%, Biotin (100 µg) 200%, Folic acid/Folate (400 µg) 200%, Vit. B12 (3 µg) 120%, Vit. E (30 mg) 250%.

PRECAUTION

When pregnant, the recommended daily dose of 2 tablets/day must not be exceeded.

CLEAN LABEL

Free from artificial colours and excipients. With only natural excipients. Colour differences are normal and do not detract from the effect.



Information for Healthcare Professionals

Contact & info: www.nutriphyt.com